

Discover Diving Guide to Your Open Water Training Dives

Congratulations! You are ready for your open water training dives. You probably feel excited and a little nervous. Both are completely normal. You might also have a few questions about what to expect and how to prepare for your upcoming dives. Please review this guide and ask your instructor if you have any questions.

At Least 7 Days Prior to Diving:

- **Make a reservation for your dives** – Part of every dive requires signing-up in advance so be sure you have called the dive shop to reserve your spot for the dive. If a fee is required, you will be required to pay it at the time of reservation. NOTE: Please schedule your dives on a day when your personal schedule permits. While end times can be estimated, often times factors outside of the control of the dive leader may extend the day longer than expected. Check with the shop if you have any questions about coordinating your personal schedule with scheduled training dives.
- **Reserve your equipment** – Use of dive equipment is included in your course tuition but you must reserve the equipment you need for your dives. If you have not previously reserved equipment, it may be necessary to come to the shop to be properly fitted for a wet suit.

One Day Before Diving:

- **Pick-up your diving equipment at Discover Diving** – All divers must pick up their own equipment the day before diving. There are a number of reasons for this, but most importantly picking up needed dive gear is part of your training. Pre-dive preparation includes securing required dive gear and verifying everything is in good condition prior to leaving for the dive site. All divers MUST have two filled cylinders unless specifically told otherwise. It is YOUR responsibility to be sure you have all required equipment for diving. Your instructor will NOT bring gear to the dive site so be sure pick up your gear ahead of time.
- **Get Directions to the Dive Site** – Confirm the dive site and that you know how to get there. Directions to all dive sites for Discover Diving are on our website. You may also ask for printed copies at the shop. You will also need to get the access code for the marina if diving aboard the “Favors”.
- **Pack personal items** – Bring personal clothing including towels and dry clothes for after the dive. Consider the weather and expected conditions when packing. Drinks (non-alcoholic) and snacks are also a good idea for between and after dives. Be sure to bring proper ID, especially if crossing the border.
- **Get a good night's rest** – Safe diving requires that participants be well rested and in good health. If you suspect health problems will interfere with diving, call the shop to discuss your concerns.

The Day of the Dive

- **Be on time** – Please be considerate of others in the group by arriving on time. Good divers generally arrive at least 30 minute before the scheduled start time to allow sufficient time to find a parking space and move dive gear to the designated site. If diving on a boat, the listed time is departure off the dock. Plan to arrive at least 30 minutes earlier to allow sufficient time for boarding. The boat will leave on time and there are no refunds for missing the boat!

- **Enjoy your dives** – All briefings and dives will be conducted with a NAUI Instructor. Depending on the day, this may or may not be the same instructor you worked with in the pool. Regardless, we are here to ensure your safety and help you have a positive learning experience as a new diver. If you have questions, ask! Listen to all briefings and enjoy your dives.
- **Log your dives** – After your dives, your instructor will sit down with you to review your dives and assist you in logging your dives. Your logbook is proof of your experience so be sure to complete this essential step before leaving the dive site.

After the Dive

- **Return all gear to the dive shop or get air fills** – At the end of the day, all gear must be returned to the dive shop immediately following the dive. Failure to return gear on time may result in rental fees being charged plus inconvenience other divers who reserved the equipment after you. Please help us avoid problems by returning all equipment promptly. If you have reserved the equipment for the next day, then return to the shop to have your cylinders filled. There is no charge for the fills, but it is your responsibility to be sure your cylinders are filled for the next day of diving.
- **If you are diving the next day** – Divers keeping gear over night are encouraged to turn wet suits inside out and hang to dry. A dry wet suit is far more comfortable when donning the next day!

Once you have completed all requirements for certification, we will order your certification card. In the meanwhile, your instructor will sign a temporary certification in your logbook that will be good for 30 days.

If you have any questions about your upcoming open water dives or any aspect of your training please do not hesitate to ask. We are committed to your safety, enjoyment and education. We look forward to diving with you!

The list below is provided as a guide to help you pack for your dives. See you at the dive site!

Pre-Dive Equipment Checklist for Open Water Training Dives		
Personal Gear	Scuba Gear	Personal Items
<input type="checkbox"/> Mask	<input type="checkbox"/> Cylinders (2)	<input type="checkbox"/> Bathing suit
<input type="checkbox"/> Snorkel	<input type="checkbox"/> Regulator	<input type="checkbox"/> Towel
<input type="checkbox"/> Fins	<input type="checkbox"/> Octopus	<input type="checkbox"/> Suntan lotion
<input type="checkbox"/> Booties	<input type="checkbox"/> Pressure Gauge	<input type="checkbox"/> Jacket / Coat
<input type="checkbox"/> Logbook*	<input type="checkbox"/> Buoyancy Compensator	<input type="checkbox"/> Drinks
	<input type="checkbox"/> Wet Suit	<input type="checkbox"/> Snacks
	<input type="checkbox"/> Gloves (if needed)	<input type="checkbox"/> Camera
	<input type="checkbox"/> Hood (if needed)	
	<input type="checkbox"/> Dive Computer	
	<input type="checkbox"/> 22# Soft Weights w/ bag	
*Students will be given a logbook at the dive site on their first day of diving.		